

# HOMELESS. HUNGRY. COLD.

When winter weather hits Indiana, you hurry home to get inside – until you walk or drive past someone without a warm home to turn to. They're holding a sign asking for help. Your heart breaks.

You could give them money. But will a few bucks really lift their burdens, or merely put a Band-Aid on their struggles? How do you reach out to tell them “I see you,” and offer real help to those most often overlooked?



WAYS TO (REALLY!) HELP THIS WINTER

## Here's what to do (and NOT to do) when you meet someone who is homeless.

### WHAT TO DO

#### 1. ACKNOWLEDGE THEM/TREAT THEM WITH DIGNITY

Say hello. Make eye contact. Smile. If the situation feels safe (public, in daylight), take a little time to chat. A brief conversation in a friendly, respectful manner often restores their dignity and may also lift their spirits, as many battle depression, loneliness and other struggles.

#### 2. BE PREPARED TO HELP BY GIVING FOOD/SUPPLIES

Offer an alternative to giving money by keeping “help packs” with important food and supplies in your car trunk, purse or other carry-all bag when you go out. When you encounter someone who needs help, you'll be ready!

#### 3. DIRECT THEM TO WHEELER MISSION

Print and include the following form in your “help pack” – it lists some of Wheeler Mission's services and programs.

### WHAT NOT TO DO

#### 1. HAND OUT MONEY

You want to help them because your heart breaks. But the gift from your heart may go toward drugs or alcohol – exactly what you don't want! Giving money often means they won't get the help they need.

#### 2. GO SOMEWHERE PRIVATE

Use discernment, especially if you're alone. Stay in public areas, in daylight when possible, and make sure other people can see you. Don't give anyone a ride – it's better to provide a bus pass and directions to Wheeler Mission.

#### HELP IS HERE

Check out help available to you at Wheeler Mission.

no alcohol/drugs policy on our premises.

### CREATE A HELP PACK!

The form below (pages 2-3) is a printable handout with important information about services and programs at Wheeler Mission. Combine it with a bus pass, warm socks or a hat, and a food item like a protein bar or crackers, and give this “help pack” to the men and women you encounter this winter.

## BY BEING PREPARED THIS WINTER, YOU CAN REALLY HELP.

cut along line

Check out help available to you at  
Wheeler Mission.

# HELP IS HERE



**(317) 635-3575 | WheelerMission.org**

*All services are provided free of charge because of the caring and generous people in Central and South Central Indiana.*

Check out help available to you at  
Wheeler Mission.

# HELP IS HERE



**(317) 635-3575 | WheelerMission.org**

*All services are provided free of charge because of the caring and generous people in Central and South Central Indiana.*

cut along line

Check out help available to you at  
Wheeler Mission.

# HELP IS HERE



**(317) 635-3575 | WheelerMission.org**

*All services are provided free of charge because of the caring and generous people in Central and South Central Indiana.*

Check out help available to you at  
Wheeler Mission.

# HELP IS HERE



**(317) 635-3575 | WheelerMission.org**

*All services are provided free of charge because of the caring and generous people in Central and South Central Indiana.*

**SHELTER FOR MEN (INDIANAPOLIS)** | 520 E. Market St., Indianapolis, IN 46204; check-in from 3 p.m.-6 p.m. daily  
**Services include:** shelter, meals, chapel services, medical clinics

**CENTER FOR MEN (BLOOMINGTON)**  
215 S. Westplex Ave., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**MEN'S RESIDENTIAL CENTER** | 245 N. Delaware St., Indianapolis, IN 46204  
**Services include:** residential program, addiction recovery, social services connections

**CENTER FOR WOMEN & CHILDREN (INDIANAPOLIS)**  
3208 E. Michigan St., Indianapolis, IN 46201 (no appointment necessary for emergency shelter; must make an appointment for addiction recovery services)  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**CENTER FOR WOMEN & CHILDREN (BLOOMINGTON)**  
400 S. Opportunity Ln., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, residential programs

*To ensure safety and comfort for others, there is a no alcohol/drugs policy on our premises.*

**SHELTER FOR MEN (INDIANAPOLIS)** | 520 E. Market St., Indianapolis, IN 46204; check-in from 3 p.m.-6 p.m. daily  
**Services include:** shelter, meals, chapel services, medical clinics

**CENTER FOR MEN (BLOOMINGTON)**  
215 S. Westplex Ave., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**MEN'S RESIDENTIAL CENTER** | 245 N. Delaware St., Indianapolis, IN 46204  
**Services include:** residential program, addiction recovery, social services connections

**CENTER FOR WOMEN & CHILDREN (INDIANAPOLIS)**  
3208 E. Michigan St., Indianapolis, IN 46201 (no appointment necessary for emergency shelter; must make an appointment for addiction recovery services)  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**CENTER FOR WOMEN & CHILDREN (BLOOMINGTON)**  
400 S. Opportunity Ln., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, residential programs

*To ensure safety and comfort for others, there is a no alcohol/drugs policy on our premises.*

**SHELTER FOR MEN (INDIANAPOLIS)** | 520 E. Market St., Indianapolis, IN 46204; check-in from 3 p.m.-6 p.m. daily  
**Services include:** shelter, meals, chapel services, medical clinics

**CENTER FOR MEN (BLOOMINGTON)**  
215 S. Westplex Ave., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**MEN'S RESIDENTIAL CENTER** | 245 N. Delaware St., Indianapolis, IN 46204  
**Services include:** residential program, addiction recovery, social services connections

**CENTER FOR WOMEN & CHILDREN (INDIANAPOLIS)**  
3208 E. Michigan St., Indianapolis, IN 46201 (no appointment necessary for emergency shelter; must make an appointment for addiction recovery services)  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**CENTER FOR WOMEN & CHILDREN (BLOOMINGTON)**  
400 S. Opportunity Ln., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, residential programs

*To ensure safety and comfort for others, there is a no alcohol/drugs policy on our premises.*

**SHELTER FOR MEN (INDIANAPOLIS)** | 520 E. Market St., Indianapolis, IN 46204; check-in from 3 p.m.-6 p.m. daily  
**Services include:** shelter, meals, chapel services, medical clinics

**CENTER FOR MEN (BLOOMINGTON)**  
215 S. Westplex Ave., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**MEN'S RESIDENTIAL CENTER** | 245 N. Delaware St., Indianapolis, IN 46204  
**Services include:** residential program, addiction recovery, social services connections

**CENTER FOR WOMEN & CHILDREN (INDIANAPOLIS)**  
3208 E. Michigan St., Indianapolis, IN 46201 (no appointment necessary for emergency shelter; must make an appointment for addiction recovery services)  
**Services include:** shelter, meals, chapel services, medical clinics, residential programs, addiction recovery

**CENTER FOR WOMEN & CHILDREN (BLOOMINGTON)**  
400 S. Opportunity Ln., Bloomington, IN 47404  
**Services include:** shelter, meals, chapel services, residential programs

*To ensure safety and comfort for others, there is a no alcohol/drugs policy on our premises.*