

You can help as we endeavor to meet the most basic needs of the disadvantaged and homeless men, women, and children in the Indianapolis community.

CLOTHING Men's, Women's, Children's (can be gently used)

Belts
Shoes, boots, dress shoes, flip-flops, sandals, shower shoes
Coats, jackets, rain ponchos
Socks
Undershirts and underwear (all types and sizes)
Hats, scarves, and gloves
Pajamas
Pants, jeans, sweatpants, etc.
Pantyhose (black, taupe, suntan; M to queen-size)

HYGIENE ITEMS

Baby wipes, baby shampoo, diapers, and pull-ups
Deodorant (trial/travel size, regular size, or spray)
Disposable razors
Shampoo, body wash, and lotion (trial/travel size and large bottles)
Shaving cream
Skin lotion (trial/travel size and large bottles)
Soap (trial/travel size)
Blow dryers
Chapstick
Cornstarch powder and foot powder
Cotton balls
Hair conditioner, hair moisturizer, and hair relaxer
Hairbrushes, combs, night caps, and ponytail holders
Super tampons and sanitary napkins
Toilet paper
Toothbrushes and toothpaste (trial/travel size toothpaste)

GROCERY ITEMS

Coffee (regular and decaf), sugar, creamer
Eggs
Meats (fish, chicken, ham, beef)
Milk, juice, lemonade, other drink mixes
Pepper, other spices
Butter/margarine
Cake/dessert mixes and frosting
Fresh or canned fruit and vegetables (economy or 10#)
Fruit juice—cans or bottles
Mayo, hot sauce, BBQ sauce, ketchup, mustard, other condiments
Paper napkins and paper towels
Sugar
Pasta, rice, instant potatoes
Oatmeal and cereal

LINENS (can be gently used)

Bath towels and wash cloths
Bed sheets (Twin, Twin XL, Queen), pillow cases, and pillows
Blankets (including baby blankets)
Dish cloths, hand towels, pot holders, aprons

OVER-THE-COUNTER MEDICATIONS

(sealed and in original containers)

Antacid tablets
Children's teething gel
Children's Tylenol
Cold/sinus medication (non-alcoholic)
Cough drops and syrup (non-alcoholic) and throat lozenges
Pain relievers (aspirin, ibuprofen, acetaminophen)
PediaSure and Pedialyte

PROGRAM ITEMS

Notebooks and notebook paper— college or wide ruled
#10 envelopes
Blank CDs
Copy paper
Flash drives (any size)
Gift cards to McGraw Hill Contemporary, Barnes & Noble, and Amazon
Inexpensive 8X10 frames for certificates
Pencils, pens, highlighters
Pocket Folders
Spiral index cards
Three ring binders (1 1/2", 3" clear view) and tabbed notebook dividers

MISCELLANEOUS ITEMS

Batteries (C, D, AA, AAA)
Bowls, cups, forks, spoons
Disinfectant wipes, hand sanitizer, Lysol
Kleenex (boxed and individual)
Small pots and pans (heavy-duty/commercial grade)
Large safety pins
Large storage tubs
Laundry detergent and dryer sheets
Metal folding chairs
Sunscreen

***Bolded items at the top of each section are especially needed at this time!**